HÅG Capisco® &
HÅG Capisco Puls®
A design icon – still going strong

Few furniture designs withstand the test of time as well as the HÅG Capisco. Established as a seating icon for over 30 years, the chair is as popular and contemporary today as the day it was launched.

With elegant curves and smooth performance, the distinct shape stands out from other chairs, adding personality to any environment. HÅG Capisco’s timelessness has elevated it from being a favourite in Scandinavian design, to a world renowned design object.

HÅG Capisco is a fully versatile and customisable chair. The flexibility in dressing it means it never looks out of place, whether in the office, meeting room or somewhere totally unexpected.
The designer: Peter Opsvik

Tripp Trapp®, HÅG Capisco and HÅG Capisco Puls are some of Peter Opsvik’s most successful creations.

In the 1970s many experts attempted to establish the optimum sitting position, Opsvik’s contribution has been to create products that inspire variation between many different postures, but all in the same chair.

When Peter Opsvik designed the HÅG Capisco, he was attempting to overcome stereo-typical sitting habits with unconventional seating solutions.

Designed in 1984, the popularity of the HÅG Capisco has grown steadily. The chair is now one of Europe’s most popular chairs.
Beautiful in your home office
Sit at various heights

No other task chair is so well adapted to sitting at different heights.

The flexible height ranges of the HÅG Capisco and the HÅG Capisco Puls make it easy to shift between sitting, standing and perching.

Frequently varying your position this way provides a unique alternative to changing between sitting, standing and perching positions. By moving more you will feel energised and therefore more focused on the task at hand. This is also the perfect way to reduce fatigue that is often associated with standing desks.
The unique saddle seat of both the HÅG Capisco and HÅG Capisco Puls enables balanced sitting, a sitting posture that inspires various positions. With this posture the lumbar curve is preserved, the hip joint angles are open, and muscles are well-balanced and relaxed to eliminate the strain on your body that is often associated with conventional sitting. The chair encourages creative, alternate sitting positions. Forwards, backwards or sideways – the best sitting position is always the next one.
More energy and flow during your day

The unique shape of the chair and the many colour options, add personality and energy to any room and work place.

The flexibility in use makes it a perfect fit for creative meeting rooms and collaboration areas. Its shape allows you to twist and turn to face your peers.
Celebrating movement

Everyday life engages us to move naturally.

Inspired by the horseback rider’s dynamic posture, both the HÅG Capisco and the HÅG Capisco Puls were designed for greater freedom of movement when sitting.

Based on the belief that no sitting posture is ideal for longer periods of time, the chair encourages frequent movement and variation; enhancing learning and working environments by offering the ability to move without needing to leave the work station.

By making sitting active, we add energy and flow to your day - whether at work or at home. That’s how we celebrate movement.
Same story, two sides

The HÅG Capisco concept includes two product families with many of the same features and benefits; the HÅG Capisco and HÅG Capisco Puls. Both fit perfectly in personal work spaces and multi-user environments.
HÅG Capisco

The original HÅG Capisco is ideal for design conscious people who sit for many hours at a time, or want the comfort of a fully upholstered chair.

Features

Adjustable Height
The chair can be adjusted from a low sitting position to a sit-stand position.

Foot Support
Provides a comfortable way to vary the position of your feet. Footbase is available in black plastic, black, silver, polished or white aluminium.

The Saddle Seat
The unique shape of the seat inspires movement and new sitting positions.

Headrest (optional)*
The headrest gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement.

HÅG Stepup® (optional)
Provides two extra levels for placing your feet.

HÅG Foot Ring (optional)
Extra level for rest and support for feet.

Adjustment Features
- Headrest*
- Seat height
- Seat depth
- Back height
- Backward tilt tension
- Lockable tilt

*HÅG Capisco only

Environment

Both HÅG Capisco and HÅG Capisco Puls have been forerunners in eco-design. The number of components and types of materials used in the chairs have been reduced to a minimum. The chairs are designed for easy disassembly, so that the various materials can be separated from each other to facilitate recycling.

Scandinavian Business Seating quality and environmental management systems are certified by DNV-GL according to ISO 9001 and ISO 14001.

The HÅG Capisco was the first chair in the world to be certified with the Nordic Swan Ecolabel in 2010. Today most of the chair is made from recycled materials. In 2015, HÅG Capisco received the EPRO award for “Best Recycled Plastic Product” in Europe.

Product Certificates

Nordic Ecolabel Swan* – awarded to products that meet strict environmental, quality, and health requirements

Environmental product declaration (EPD) – life cycle analysis of the chair based on ISO 14025, presenting the carbon footprint of a product

GREENGUARD – ensures that the chair meets strict chemical emissions limits

Möbelfakta – Swedish certification scheme based on three areas of requirements: quality, environment and corporate social responsibility

*HÅG Capisco only

HÅG Capisco Puls

With its light, edgy-shaped back and seat, the HÅG Capisco Puls is an ideal solution for work spaces where you sit for shorter periods of time, like meetings, touch-down areas, home offices and collaboration areas.

Features

Adjustable Height
The chair can be adjusted from a low sitting position to a sit-stand position.

Foot Support
Provides a comfortable way to vary the position of your feet. Footbase is available in black plastic, black, silver, polished or white aluminium.

The Saddle Seat
The unique shape of the seat inspires movement and new sitting positions.

Headrest (optional)*
The headrest gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement.

HÅG Stepup® (optional)
Provides two extra levels for placing your feet.

HÅG Foot Ring (optional)
Extra level for rest and support for feet.

Adjustment Features
- Headrest*
- Seat height
- Seat depth
- Back height
- Backward tilt tension
- Lockable tilt

*HÅG Capisco only

Plastic Colours (HÅG Capisco Puls Only)

- Seagreen
- Clay
- Pink
- Petroleum
- White
- Black
- Light grey
- Red
Some of our favourite projects
More of our favourite projects