

# HÅG



HÅG SoFi



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As humans, we are meant to move. The award-winning HÅG SoFi is designed around this simple truth, uniting intuitive ergonomic innovation with refined Scandinavian design that stands out, while fitting in a variety of workplace and home office settings.

Defined by embracing curves, thoughtfully concealed mechanisms, and a curated palette of colors and materials, HÅG SoFi provides a refreshing alternative to task chairs resembling complex technical tools.

Here, innovation works quietly beneath the surface, while every detail is carefully considered to support natural movement, sustained focus, and lasting well-being.



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## **Innovative Mesh**

A warp-knitted, heavy-duty mesh, offered in 5 colors, uses an innovative yarn construction to give increased strength, providing enhanced comfort, support, and appearance.

## **Lumbar Support**

Precise and comfortable padded lumbar support that easily adjusts to your body. Make a statement with a dual upholstered seat and lumbar support. Choose from hundreds of standard and graded-in textiles and leathers.

## **HÅG inBalance® Mechanism**

The unique center tilt mechanism ensures instinctive movement.

## **Slideback™ Armrests**

Unique armrests allow you to move closer to your desk, invite you to sit sideways, or to use the armrests as elbow support.

## **Foot Support**

Provides comfortable ways to rest, move, and vary the position of your feet.

## **Sustainability**

With up to 45% recycled materials and engineered for 95% recyclability, every HÅG SoFi chair is designed for longevity and minimal environmental impact.

## **Certifications**

BIFMA LEVEL® 3 Certification  
GREENGUARD Gold Certification



*Since its creation, in the small Norwegian town of Røros, HÅG has crafted original chairs that make working life less ordinary. Driven by this restless creative spirit, HÅG SoFi continues to challenge convention, transforming once-controversial ideas into today's ergonomic standard. Every stitch is a reminder of who we are—designers and craftsmen who dare to be different.*





## Movement is the mission

At HÅG, we believe sitting shouldn't mean staying still. Since 1943, we've designed chairs that support the way our bodies are meant to move—naturally, continuously, and effortlessly.

Our signature innovation, HÅG inBalance®, enables gentle, balanced tilting that follows your body's movements without manual adjustments. This creates a dynamic sitting experience that keeps you more alert, energized, and comfortable throughout the day.

We pioneered the concept of dynamic ergonomics, designing chairs that encourage frequent posture shifts, improve circulation, and support active sitting. HÅG redefines what it means to sit well: healthier, more conscious, and always in motion.

