



# LOOKBOOK



PERFORMANCE · DESIGNED FOR HUMAN

The human body is an anatomical miracle, and with the right tools it can achieve wonderful things. An RH chair takes into account our body's need for movement and could be what makes you perform even better at work.

# MADE FOR YOU

Do you ever think about how you sit? That the chair you choose could determine what your day will be like?

RH is one of Europe's leading manufacturers of ergonomic office and work chairs. Our chairs are designed to help you sit better and improve performance every day.















# AN ERGONOMIC CHAIR REVOLUTION

The chairs are designed to help you sit better and are so easy to adjust that anyone can use them.

It all started in Småland in Sweden with a man who suffered from back problems. RH's founder Rolf Holstensson was a well-informed entrepreneur who saw a clear connection between sedentary sitting and stress injuries. He produced the first RH chair in 1976. This was the start of an ergonomic chair revolution. Today, the RH chairs are sold all over the world.





# AN ERGONOMIC REVOLUTION

RH was not actually the first.  
But RH had the most stamina.  
By sticking to its principles,  
the brand became an  
innovative market leader in  
ergonomic seating.



Previous versions  
of RH chairs

# DESIGNED FOR YOU

We have stayed true to Rolf Holstensson's original idea to create good office chairs adapted to human anatomy, while maintaining a focus on good design.

Our design team work with some of the leading design agencies across Scandinavia to produce chairs that are visually appealing, with an authentic scandinavian style. But good design is never driven at the expense of ergonomics. An RH chair will always be adapted to the user's needs, not the other way around. Hence, our chairs are always highly adjustable.



RH Logic 400  
Elegance





# HONEST DESIGN

The way people work is forever changing, which places new demands on our office chairs being adaptable for today's and tomorrow's users. We can contribute with our knowledge in providing several ergonomically smart solutions, so that everyone can sit well, even in the future.

An RH chair is designed with the user in mind. When you decide on an RH chair, it helps you sit upright, relax, and keep you moving. Every day.



Our consumption of the Earth's resources is increasing as population levels grow, and RH is continuously working to minimize it's environmental impact.

RH's strong stance on sustainability is also increasingly important for environmentally conscious consumers looking for sustainable and user-friendly products that last.

# SUSTAINABILITY



# COMPONENTS

We have selected recyclable plastics and metals from the start, and many components are already made from recyclable materials. All parts are easy to disassemble, so that each part can be recovered separately and completely. At the end of the chair's service life at an office desk or a boardroom table, each part may be recycled to resurface as a new product.





# A CHAIR ADAPTED TO YOU

The chairs have a tilt mechanism, allowing it to follow your every movement. Sitting upright while moving allows you to breathe better and supplies your blood with sufficient oxygen, ensuring better concentration and performance.



All our office and work chairs are easily adapted to the anatomy of the individual user. Our chairs are provided with a lumbar support and cushion between the shoulder blades to help you maintain an open position without even thinking about it.

When your body feels good, you perform better.

# RH COLLECTION



For RH, design and ergonomics are two sides of the same coin. We design user-friendly chairs that help you to perform better throughout the working day.

On the following pages you can see our wide range of office and work chairs that help you sit better. And perform more. Every single day.

# RH LOGIC

For human performance





RH Logic is a comfortable office chair that helps you to perform better throughout the working day.



# RH MERE0

Intuitive design





The RH Mereo is both an office chair and a working tool that helps you to achieve an active sitting position, better concentration and better performance.









**RH EXTEND**

Effective aesthetic



RH Extend is designed to give your body the best possible support and relaxation, while at the same time encouraging you to move around.



# RH ACTIV

Easy to use





RH Activ is a flexible standard work chair that can be adapted to suit different people in different office environments.



# RH SUPPORT

More Support at work





RH Support is designed to provide extra support for the legs and back when working at different heights.



[FLOK.COM/RH](https://flok.com/rh)