Inspired by the dynamic nature of today’s working life, the RH Mereo is a perfect fit for anyone. Improved ergonomic features, intuitive handles and a clean shape makes it easily adjusted to personal needs and preferences – no matter what size or shape you are. A chair for the whole office to share, providing both bodies and minds with extra energy.
The RH Mereo is crafted to enhance performance for both individuals and teams in contemporary work places. Built around our unique ergonomic technology that follows your body’s natural structure, this chair is also characterized by high flexibility and strong visual elegance.
ACTIVE SEATING
Movement is crucial in order to stay concentrated and perform well during long days at the office. The RH Mereo follows even your smallest movements to always keep you active and provide support. This in turn stimulates blood circulation and facilitates breathing. Just sit down and adjust the chair to your body. The rest comes intuitively.

UPRIGHT POSTURE
Good posture is another key to endurance and helps relieve your body from strain, tension and pressure. The RH Mereo prompts you to always keep an upright position with the spine in a natural s-curve. Our unique Tvedt cushion in the upper back rest provides a gentle push between shoulder blades, to help you sit straight and keep an open posture. The chair’s main movement points are located near the knee and hip joints which helps you keep your feet on floor without adjusting seat or backrest.
HOW THE RH Mereo WORKS
SOFT CURVE KEEPS BACK IN UPRIGHT POSITION, MOBILIZING ARMS AND SHOULDERS

ADJUSTABLE NECK REST SUPPORTS NECK AND RELIEVES THE BODY

CURVED BACK AND DISTINCT WAIST PROVIDES LUMBAR SUPPORT

ADJUSTABLE ARMRESTS SUPPORT NECK AND SHOULDERS

ADJUSTABLE SEAT IMPROVES BLOOD CIRCULATION AND LEG SUPPORT

ADJUSTABLE BACKREST ANGLE PROVIDES SUPPORT IN ANY POSITION

WATERFALL EDGES REDUCE PRESSURE ON THIGHS

RAISED BASE AND CURVED ARMS HELPS KEEP FEET FIRMLY ON THE FLOOR

FRICTIONLESS TILT MECHANISM FOLLOWS YOUR EVERY MOVEMENT

TVEDT CUSHION ENCOURAGES OPEN POSTURE
INNOVATIVE & ELEGANT
The RH Mereo is designed in collaboration with Veryday, a world-renowned design agency specialized in innovation and user-friendly solutions. These elements are fused with the minimalistic elegance and quality materials of Scandinavian design, bringing a functional and visual edge to any modern working environment.
LONG LASTING & SUSTAINABLE
All parts of the RH Mereo are easy to replace and disassemble. Even the seat is exchangeable, which is unique. Each component is fully recyclable and can be regenerated into new products. All materials are free from toxic substances and we use as little material as possible to produce each chair. This makes the RH Mereo a durable chair, which in turn contributes to less transportation, less packaging and a healthier environment.
RH Mereo 200
RH Mereo 200 has a medium back and comes as standard with castors for carpeted floors and base in silver or black lacquered aluminium. It can also be enhanced with armrests.

RH Mereo 220
RH Mereo 220 has a large curved back and comes as standard with castors for carpeted floors and base in silver or black lacquered aluminium. It can also be enhanced with a range of options such as neckrest, armrests and coat hanger.

RH Mereo 300
RH Mereo 300 has a large square back and comes as standard with castors for carpeted floors and base in silver or black lacquered aluminium. It can also be enhanced with a range of options such as neckrest, armrests and coat hanger.
The RH Mereo is versatile in more ways than one. Choose between three back sizes and a wide range of colors, fabrics and stitching – you might come up with a unique combination. Bases and castors are also available in different colors and materials.

Configure your own RH Mereo at flokk.com/rh
There is a wide range of options and accessories available for the RH Mereo. Include them when you order your chair or add them along the way.
GAS STEAMS FOR DIFFERENT SEAT HEIGHTS

CASTORS FOR HARD OR SOFT FLOORS

ARMREST IN SILVER OR BLACK

DECORATIVE STITCHING